



MOMENTUM REGENERATION

certifies that

Elke Lautil

has successfully completed

Module 1 (40 hours) of the Yoga Teacher Training

Momentum Regeneration Essentials of Yoga Therapy

Personalized Yoga for Health and Well-being

May 28 - June 1, 2023 in Munich

on the Locomotor System (Part 1):

Functional approach to disorders of
the lumbar spine, pelvis and lower extremities;
skills for movement and tissue regeneration

Dr. med. Günter Niessen

Katharina Lehman